



RATES

phone: (416) 561-1013
email: info@tiltfitness.net

PERSONAL TRAINING

ASSESSMENT	SESSIONS			
Per Member \$100*	1 Session \$100	10 Sessions \$1995	20 Sessions \$3780	30 Sessions \$5355

GROUP TRAINING

ASSESSMENT	SESSIONS			
Per Member \$75*	1 Session	10 Sessions	20 Sessions	30 Sessions
	Group of 2: \$150	\$1425	\$2700	\$3825
	Group of 3: \$210	\$1995	\$3780	\$5355
	Group of 4: \$260	\$2470	\$4680	\$6630

TILT ONLINE TRAINING

ASSESSMENT	FEES		
Per Member \$50	Monthly \$9.95	Annual \$99.95	Maintenance \$40 (Quarterly)

FULL TILT BOOTCAMP

ASSESSMENT	FEES		
Per Member \$50	Single \$20	4-session \$70	Unlimited monthly \$125

FULL TILT TRAINING

Contact us for rates and details

*Assessment is FREE with Package purchase. Prices do not include HST. Payment can be made by cash, cheque, PayPal or EMT